My Ideal School Cards
Potential Questions
During sessions

My Ideal School: potential questions and prompts

Not every child will find these prompts, or lots of different questions, helpful. This is not an exhaustive list. Use professional judgement and your knowledge of the individual child to adapt, choose and use the prompts flexibly.

The School

In your Ideal/ Non-ideal school ....

- What does the school building look like?
- What are the rules like?
- How does it feel in the school when you walk around?
- What can you see? touch? smell? hear?
- What does the school day look like?

The Outside

In your Ideal/ Non-ideal school ....

- What does the outside area look like?
- What are you doing outside?
- What activities are there to do?
- Who is outside with you? (e.g., adults/children)
- How does outside feel?
- What can you see? touch? smell? hear?

The classroom

In your Ideal/ Non-ideal school ....

- What does the classroom look like?
- Where are you working?
- Who are you working with?
- Where are you sitting?
- What are you doing?
- How you feel in the classroom?
- What can you see? touch? smell? hear?

The adults

In your Ideal/ Non-ideal school ....

- What are the adults like
- How many adults are there in your classroom?
- What are the adults doing?
- How do they make you feel?

The children

In your Ideal/ Non-ideal school ....

- What are the children like
- How many children are there in your classroom?
- What are the children doing?
- How do they make you feel?

Me

In your Ideal/ Non-ideal school ....

- What are you doing?
- Where are you?
- Who are you with?
- How do you feel?